



Montmorency Junior Football Club

Asthma Policy

This policy will outline Montmorency Junior Football Club's approaches & expectations concerning the management of Asthma:

Purpose

The purpose of this policy is to ensure that players and MJFC officials who might suffer from Asthma feel safe and have access to correct emergency management and first aid provisions in the event of an attack

Contents Headers

- Medical Condition (pre-existing condition)
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Policy: Asthma

Medical Condition (pre-existing condition)

It is critical that all efforts are made by the MJFC to understand if players, coaches and officials in attendance may have any pre-existing medical history or a condition that may include Asthma.

Given such understanding, it is critical that all efforts are made by MJFC to sensitively communicate this to coaches and first aiders alike who might be first responders in the event of an emergency

Emergency management of Asthma Policy

Emergency Treatment

In cases where a player has an asthma attack during training or a game you must follow these instructions which are based on the Victorian Schools Asthma Policy (<https://www2.education.vic.gov.au/pal/asthma/policy>).

- Immediately contact the players parents or guardians to establish if they have an action plan in place. If so, follow the instructions on the asthma plan. In the absence of the parent or an action plan proceed to the following Standard Asthma Plan

Standard Asthma Plan

1. Sit the player down in a safe space and remain calm to reassure the player.
2. Without delay, obtain the blue Ventolin puffer, (which has been provided to you in your first aid kit), shake it and give 4 separate puffs.

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Nb. For younger junior players, use the spacer provided. Spacer technique - 1 puff/take 4 breaths from spacer, repeat until 4 puffs have been given).

3. Wait 4 minutes. If there is no improvement, give another 4 separate puffs, as per step 2.
4. Wait 4 minutes. If there is no improvement, call an ambulance (dial 000) immediately and state that “a person is having an asthma attack.” An emergency phone is available in the Club rooms.
5. Continuously repeat steps 2-3 whilst waiting for the ambulance to arrive.

Ensure that following any treatment or incident, efforts are made to calm the rest of the players, communicating what has and is happening and the requirement for personal space for those affected

NOTE: Your first aid kit will contain a Ventolin Puffer for emergency use. If you are playing at the Para Rd Oval an emergency Ventolin Puffer is also stored in the first aid kit in the kitchen area. Attend the canteen and ask for it.

Follow Up & Aftercare

7. Immediately inform Committee member, President or Secretary.
8. After player has been attended to, ensure that a medical report is completed in relation to the incident, providing as much detail as possible.

After using the spacer ensure that it is thoroughly cleaned / washed and placed back in the first aid kit.

Version	Review date	Reviewed by:	Frequency of Review	Next Review due:
002	7 th May 2021	Sam Hall & Dee Constantin	3 Yearly	7 th May 2024